

Kaiserkrone Medium Trail – 20,7 km

Date: Saturday, June 28, 2025

Start and Finish: Scheffau village center, address: Dorf 41, 6351 Scheffau am Wilden Kaiser

Start: 10:00 AM

CUT-OFF times: currently none

Finish Time Limit: 8:00 PM

Distance / Elevation Gain: 20,7 km / 1.290 m

ITRA: 1 Point

UTMB: 20K

Race Briefing: None

Poles: Allowed

Route details and profiles are always up-to-date on our website. The organizer may change routes and start times at short notice. Distances have been measured as accurately as possible. However, running watches may show slight variations in distance or elevation due to a tolerance margin of up to 5%, which could result in discrepancies. More information about the route and current **GPX data** can be found at www.kaiserkrone.run.

Participant Limit: 300 participants

Mandatory Equipment for Kaiserkrone Medium Trail

- Backpack or running belt
- Carried gels and bars labeled with bib number
- Fully charged mobile phone (always on)
- Bib with completed back side (address, contact person, blood type, allergies, etc.)
- Emergency blanket
- First aid kit
- Waterproof jacket (**optional**)
- Long over-trousers/running pants or leg warmers (**optional**)
- Foldable cup or soft flask for drinks

Mandatory equipment will be checked when entering the start area and may be randomly checked after crossing the finish line.

Course or Time Limit Adjustments

Depending on weather or safety reasons, the organizer reserves the right to stop the ongoing race, adjust the course and/or checkpoints, and change the time limit. All decisions will be made by the race committee and communicated via social media channels.

Course Marking

All routes are marked with pink flags and signs. It is recommended to download the current GPX file to your device before race day. **GPX** files are available at www.kaiserkrone.run.

Registration

Registration is done through the following portal: <https://time2win.at/event/687>

Transfer of Registration to 2026

If the start place needs to be transferred to the following year, this can be done independently on Time2win (with an additional re-registration fee).

Cancellation of Registration

In case of cancellation, participants have no right to a refund regardless of the reason. However,

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cancellation insurance can be taken out on TIME2WIN during registration. Please refer to the corresponding Terms and Conditions.

Cancellation Insurance

Optional insurance can be purchased during online registration. This will cover the registration fee in case of a cancellation in line with the rules. Arrangements are made directly between the insurer and the timing company Time2Win.

Race Cancellation and Course Changes

If the race is canceled by the organizer for reasons other than safety or force majeure, participants will be refunded the registration fee. If the race is canceled for safety reasons or force majeure, the registration fee cannot be refunded. In the event of route changes or race interruptions due to safety concerns (especially in adverse weather conditions) or force majeure, no refunds will be given.

Disqualification Criteria

Disqualifications will occur if mandatory equipment is missing, rules outlined in this document are violated, littering occurs, participants behave unsportingly towards others, or if instructions from the event team, official helpers, or mountain rescue staff are ignored.

Rules to Follow

- All participants must follow the route markings.
- Participants must help people in danger or injury and immediately report any accident to the race committee or an official on the course.
- Small sections of some routes pass over forestry roads and public roads. Special caution is required here, and runners must show consideration for other road users (vehicles, cyclists, hikers, etc.).
- Participants must clear the path and allow others to pass.
- Participants must protect the environment – no waste may be left on the course.
- Any form of physical assistance (pushing, pulling, carrying, ...) for a participant is prohibited.

Refreshment stations and CUT-OFF Checkpoints

Refreshment and checkpoint stations are located along the course, where cut-off times will be enforced at some locations. The stations are equipped with drinks and snacks. Additionally, huts and lodges on the route offer food; it is recommended to carry cash. For sustainability reasons, single-use cups are not provided at refreshment stations. Cups can be purchased at registration or when picking up bibs.

- Kaisern (8 km)
water, isotonic
- Kaiser Hochalm (14 km)
water, isotonic, fruit, salty & sweet snacks, cola, magnesium salt capsules
- Steiner Hochalm (16 km)
water, isotonic, fruit, salty & sweet snacks, cola, magnesium salt capsules
- Scheffau Finish (21 km)
water, isotonic, fruit, salty & sweet snacks, cola, magnesium salt capsules
- CUT-OFF times: currently none, finish time limit at 8 PM

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Rescue Costs

All rescue costs are to be borne by the participant; insurance is therefore strongly recommended. This can be added during registration. Please check your own insurance conditions in advance.

Safety Information

Participants must be at least 18 years old. In the event of race withdrawal, each participant is responsible for their own transport and is required to inform the race management via SMS at the number provided. In emergencies, mountain rescue should be contacted via the emergency number 140 or an emergency app. Instructions from helpers, paramedics, and medical personnel must be followed; runners may be removed from the race if there are health concerns. The Wilder Kaiser Guest Card allows free use of the Wilder Kaiser region's bus network.

Race Director's Number:

+43 660 664 7494

Emergency App

The organizer recommends downloading the app: SOS EU ALP (Tyrol Control Center).

For Android users: [SOS EU ALP Android](#)

For Apple users: [SOS EU ALP iOS](#)

Included in Registration Fee:

- 6 Euro "Kaisertaler" (redeemable in the Wilder Kaiser region)
- Race refreshments (drinks, bars, bananas, etc.)
- Marked route
- On-site mountain rescue
- Personalized bib numbers with timing chip
- Finisher medal
- Bag drop-off
- Online certificate
- Photo service
- Medical support in the start/finish area
- Changing and shower facilities at Kaiserbad in Ellmau (free shuttle with bib)

Bib Collection and re-registration:

Friday, June 27, 2025, from 12:00 PM to 7:00 PM at the start/finish area (Dorf 41, 6351 Scheffau)

Saturday, June 28, 2025, from 8:00 AM to 9:00 AM at the start/finish area (Dorf 41, 6351 Scheffau)

Re-registration fee € 8,-

Behavior in the Mountains

In line with the "Leave No Trace" principle, participants are expected to respect nature. All waste must be carried out and disposed of responsibly.

Liability Disclaimer

The organizer assumes no liability for personal injury or property damage. Each participant confirms with registration that they are physically fit, adequately trained, and accept the risks associated with participation. The organizer also assumes no liability for lost items.

Photo Rights

By participating, all image and video recordings are transferred to the organizer for use in media and advertising.

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Organizer

Emo Tirol, www.emo.tirol