

# Call for tenders

**KAISERKRONE EASY TRAIL**

**29.06.2024**



## POLICY AND GENERAL INFORMATION

**Policy:** By registering for the Kaiserkrone, participants accept the policy of the Austrian Skyrunning & Trailrunning Association (ASTA) which can be found [here](#).

**Date:** 29/06/2024 (starting line-up 30 minutes before the start)

**Start:** Kaiserkrone Easy Trail on **Saturday 29/06/2024 – 17pm**

**Distance:** approx. from 8,6 km, approx. 490 hm ([GPS Track](#))

**Start and finish:** Scheffau village centre

**Time limit:** Kaiserkrone Easy Trail 2 hours

**Participant limit 2024:** Kaiserkrone Easy Trail 500 participants

## CATERING / CHECK POINTS / CUT-OFF TIMES

**1 catering ca. 4,38km, approx. 412hm+ Kaiseralm um 615pm**  
water; electrolyte

**2 catering stand at the finish around 14.2km, approx. 476 hm, Scheffau at 7.30pm**  
Bananas; watermelons; cucumbers; salt; pretzels (Soletti); marble cake; wafers; fruit gums; fruit purées; tea; water; electrolyte Melasan Nutriose; Coca Cola, Red Bull, alcohol-free Edelweiss

Due to the environmental protection there are no cups at the catering stands or at the checkpoints, therefore, **as stated in the compulsory equipment, a separate drinking cup must be carried**. On the routes there are enough water points (streams, wells). Bring along some cash, too, in case you want to visit a mountain hut.

## SAFETY INFORMATION

If the race is stopped, each participant is responsible for their own transport back to the start/finish area or their lodgings. If stopping the race, each participant is obliged to inform the race management via SMS using the telephone number 0043 676 5509794 provided by the organiser. In cases of emergency, mountain rescue must be called using the emergency app installed on your own smartphone/mobile or using telephone number 140.

**Tip:** The use of all public buses in the region to the final stops of Kufstein, Wörgl, St. Johann i.T. or Kitzbühel is included in the Wilder Kaiser GuestCard. Free use of the KaiserJet hiking buses to all village centres, cable cars, swimming pools and destinations around the Wilder Kaiser. Free use of the Hintersteiner See lake, Wochenbrunner Alm and Hüttling / Moor & more hiking buses to the hiking starting points. Find out more at: [www.wilderkaiser.info](http://www.wilderkaiser.info)

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The event organiser and their team assume responsibility for the proper and safe coordination of the race, therefore the instructions of the organiser team, guides, official bodies, doctors and paramedics, marshals and carers at the live points/catering stands must be followed. If the event organisers ascertain a more serious health condition diagnosed by medical personnel, that participant may be taken out of the race.

### LEADING RUNNER TIMES

The times of the leading runners are (please note that the times may be longer due to the weather, high temperatures above 25 degrees or snow):

Kaiserkrone Easy Trail: Kaiseralm 5.25pm; Scheffau approx. 5.40pm

### QUALIFICATION

There is no qualifying run for the Kaiserkrone Easy Trail 2023. However, surefootedness on the terrain is strongly recommended.

For the Speed Trail, we recommend completing at least 6-10 longer runs in a 12-week preparation period, practising food intake and also training with a full hydration pack and mandatory equipment to get used to the weight of the hydration pack. You can also have your own custom training plan made for you to help you successfully complete the Kaiserkrone Easy Trail.

**Participants under 18 years of age may only start with consent from a parent or guardian. This consent must be sent to the following email address by 22/06/2024 or starting will not be permitted: [office@bjak.at](mailto:office@bjak.at)**

### ORGANISATION FEE AND REGISTRATION:

Register at: [www.kaiserkrone.run](http://www.kaiserkrone.run)

Easy Trail route	
Bis 31.10.2023	€ 10,-
Bis 31.12.2023	€ 15,-
Bis 31.01.2024	€ 20,-
Bis 30.03.2024	€ 25,-
Bis 22.06.2024	€ 30,-

Late registration on site +€ 10

Late registration on site when collecting starting numbers: 28/06/2024 from 12pm to 7pm and 29/06/2024 from 6am to 9am and 2pm to 4pm.

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### The registration fee includes:

- Kaiserkrone participants shirt (optionally bookable for € 25)
- Goody bag (optionally bookable for € 6)
- Finisher medal
- Full water bottles
- Catering at the catering stands
- Catering at the goal and starting labs
- Proper route marking
- Route map
- Start number + chip (no rental, no deposit) in the start number
- Results lists 48 hours after the event at the latest
- Medical care in the start/finish area
- Certificate service (Raceresult)
- Timing at Race Result
- Kaiserkrone Party & live music
- Photo service from Sportshot for participants (images can be acquired after the event)
- Changing rooms and shower facilities: with start number at Kaiserbad in Ellmau (10 min by bus)

### Start numbers available:

Kaiserkrone Easy Trail 28/06/2024 from 12pm to 7pm and 29/06/2024 from 6am to 9am and 2pm to 4pm.

### Race briefing:

Kaiserkrone Easy Trail race briefing Saturday 29/06/2024 at 4.55pm in the start/finish area

**The race briefing is mandatory for every Kaiserkrone Easy Trail participant.**

**Medical area, organiser office: Start/finish area**

### Categories:

1st-3rd place for men and women in the overall and age category ratings

Under 20

Under 30

Under 40

Under 50

Under 60

Over 60

The age limit is your age up to the event

great prizes

Results lists 48 hours after the event at the latest

**Award ceremony: Saturday 29/06/2024 at 8pm**

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Time measurement: [www.raceresult.com](http://www.raceresult.com)

### Disqualification:

In the absence of compulsory equipment, in trimming, in contamination of nature, in unfair behavior to other participants, in non-compliance with the instructions of the team (helper, public organs, paramedics, doctors, marshals) or care, accompaniment and food by own supervisor is without exception disqualified.

### SAFETY AND MANDATORY EQUIPMENT:

The safety equipment complies with the requirements of the Austrian Skyrunning & Trailrunning Association (ASTA), whereby the organizers of the Kaiserkrone Easy Trail are allowed to adapt the safety equipment to the conditions of the route and weather conditions! Information on the official guidelines can also be found on the homepage of the Austrian Skyrunning & Trailrunning Association (ASTA): [www.trailrunning-verband.at](http://www.trailrunning-verband.at)

### Kaiserkrone Easy Trail

- Download Tirol Mountain Rescue's emergency app here: <https://www.leitstelle-tirol.at/leistungen/zusatzleistungen/>
- Trail running shoes or sturdy footwear. Barefoot shoes, shoes with no thick tread and going barefoot are not permitted and will exclude you from starting.
- Collapsible cup (recommended for hot drinks like tea) or drinking vessel (bottle, etc.)
- Mobile phone with an activated ring tone and the organiser's emergency number 0043 676 5509794

You can find great equipment and mandatory equipment packages on our partner page, the best Trailshop: [www.trailshop.at](http://www.trailshop.at)

### Nutrition:

Gels and bars must be labelled with your own start number – this will be checked at the equipment inspection. The event organizer will make labelling materials available at the equipment inspection.

You'll also find specialist nutrition in our Trailshop [www.trailshop.at](http://www.trailshop.at)

### Optional:

Trail running poles, salt tablets, amino acid tablets; trail running poles must be carried with you from start to finish.

**The mandatory equipment will be inspected when accessing the start area.**

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## AUSTRIAN VOLKSLAUF CUP 2024

The Kaiserkrone Easy Trail is one of the Austrian Volkslauf Cup 2024 competitions. Finishing each competition and cup membership (see [www.volkslaufcup.net](http://www.volkslaufcup.net)) are prerequisites for participating in the Austrian Volkslauf Cup 2024 competitions.

## IMPORTANT INFORMATION/DISCLAIMER/DOPING

### **Route marking in accordance with ITRA Security Guide:**

The Trail route is marked by an experienced and skilled marking team using chalk spray, signs, tapes, flags, reflector spray at night etc. There is, however, no entitlement to a continuous marking of the route that would make a person's own orientation in the alpine terrain redundant. The markings may disappear, become covered or not immediately detectable, especially after dark, during heavy rainfall, snowfall or other adverse weather conditions, which is why each participant must carry the route map with them. The event organiser makes the Marathon Trail GPS file available for download and recommends a GPS device to aid orientation for this reason. Unfortunately, third parties may sometimes remove the markings. The markings are removed by the officials trailing the field in segments immediately AFTER the time limit has expired. The route is then NO longer marked.

### **Rescue costs:**

Rescue costs are not borne by the event organiser, landowners etc. and must be paid by the accident victim. For this reason, mountain rescue insurance is strongly recommended. Each participant signs a disclaimer to this effect when collecting their start number.

### **Rules of conduct:**

Trail running events are held in nature, lead through nature reserves and over existing paths, trails, gravel paths, forest roads, and private and public roads. Traffic laws must be observed and you must run on the left with oncoming traffic. Order must be maintained when crossing public roads and private property. Immediate disqualification by the organiser should be expected in the case of unfair behaviour towards other participants, denial of assistance if other participants experience an emergency and if polluting nature. Should you be missing any items from the mandatory equipment at the inspection before the start, these may be acquired before the start if still possible, otherwise starting the Kaiserkrone will not be permitted. Should the items be missing during an en-route inspection, the organiser will take this participant out of the competition.

### **Disclaimer:**

The event organiser accepts no liability for damage to persons and property. This also applies to lost or stolen clothing or other items. By collecting their start number, each participant makes a binding declaration that they have no knowledge of any reasons or risks which may make participation dangerous to their health.

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Each participant acknowledges the event organiser's exemption from liability for damage or injury of any kind and will not make any claims for damage or injury of any kind arising from participation against the event organiser, the municipalities and private landowners through whose land the race leads nor their representatives. Each participant declares that they have sufficiently trained for participation in this competition, they are physically fit and that their health has been medically confirmed. The race doctor, rescue workers and stewards have the power to remove obviously physically and mentally weakened participants from the race.

Each participant agrees that the data they provided during registration, and the photos, films and interviews on the radio, TV, advertising, books, photomechanical copies – films, video tapes etc. – they make in connection with their participation in the Kaiserkrone may be used without any reimbursement. Each participant states that their given birth year is correct and that they will not pass on their start number to any other person. (note re. data protection regulations: your data will be stored by machine).

There is no right to a refund of the entry fee in the case of non-arrival. The participant who has already paid the entry fee is not entitled to a refund of the entry fee if the event has to be canceled or postponed to another date due to force majeure or official prohibition.

Each participant accepts all ASTA anti-doping regulations (doping checks) even if they are not a member of an association or club. The Kaiserkrone is held in accordance with Austrian Skyrunning & Trailrunning Association (ASTA) guidelines. Participants can find the ASTA guidelines here on the homepage of the Austrian association [www.trailrunning-verband.at](http://www.trailrunning-verband.at) and are obliged to keep to the ASTA guidelines.

By participating, the athlete commits to compliance with the anti-doping regulations of the Anti-Doping Federal Act of 2007 and the associated provisions of the relevant national and international sports trade association (in particular statutes, rules of sport, competition rules). Athletes are deemed to be a person who is a member or licensee of a sports organisation or its affiliated organisation, or who were one at the time of a potential breach of anti-doping regulations, or who participates in competitions held by a sports organisation or its affiliated organisation or those sponsored by federal sports funding. The organisers and promoters strictly oppose doping. As a participant, you warrant that you have not taken or will not take any kind of prohibited substances or prohibited methods for doping purposes. You can find information on whether a drug or treatment method is prohibited here:

[www.nada.at/medikamentenabfrage](http://www.nada.at/medikamentenabfrage) This service of the National Anti-Doping Agency (NADA Austria) is also available as 'MedApp' for Android and IOS. Should taking prohibited substances or the use of prohibited methods be required by the participating athlete according to a medical or dental diagnosis, it is strongly recommended to keep all medical certificates and findings for any potential retroactive therapeutic use exemption. You can find more detailed information here: [www.nada.at/medizin/krankheit-oder-verletzung](http://www.nada.at/medizin/krankheit-oder-verletzung)

The Kaiserkrone team wishes participants a successful finish, every success and a great trail running experience at the Wilder Kaiser.

**We reserve the right to make changes even at short notice.**

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The event organiser

Tomislav Bosnjak

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[www.b-trail-events.com](http://www.b-trail-events.com)

[www.kaiserkrone.run](http://www.kaiserkrone.run)

[www.hochkoenigman.run](http://www.hochkoenigman.run)

[www.skytrails.at](http://www.skytrails.at)

[www.trailshop.at](http://www.trailshop.at)

[www.atra.club](http://www.atra.club)

[www.b-trail.tv](http://www.b-trail.tv)